# Summer Prep DIRECTIONS



#### COMMITMENTS

This is for your activities already happening.

Classes, camps, events both professional + personal.

Add to your calendar to get an idea of what you're already doing this year.

#### NEW PLACES

These are places you've never been + want to go.
Think local to global.

Any type of location counts.

Make reservations early!!

Record how long you'll need
+ who might join in Details.

#### NEW ACTIVITIES

Anything new you want to try doing. Things like a hobby, class, recipe or event. Whatever makes you happy.

Note time, tools needed, or any recurring days it may include to achieve in Details.

#### **FAVORITES**

These are places you've been + want to return to.

Think food + drink, activities, events, shows, parks, campgrounds, trails.

Anything you enjoyed so much, once wasn't enough.



### Summer Prep CHECKLIST

YEAR:

COMMITMENTS	NEW PLACE

NEW ACTIVITIES

FAVORITES

THE BIOPHILIC PERSPECTIVE

## Summer Prep DETAILS



ACTIVITY	COST	NOTES
what, where a who	Budget	Times a Reservations

